

DAY SPA EXPERIENCE PACKAGES

Full payment is required upon booking for all spa packages.

WHITE SPA DISCOVERY EXPERIENCE

£75.00 per person

Includes;

- 2 hours access to spa facilities & gym
- Complimentary use of a towel, robe and slippers
 - A glass of wine, prosecco, or a soft drink
- A one course lunch or a Mediterranean Platter
 - One 30 minute treatment of your choice

WHITE SPA ESCAPE EXPERIENCE

£90.00 per person

Includes;

- 2 hours access to spa facilities & gym
- Complimentary use of a towel, robe and slippers
 - A glass of wine, prosecco, or a soft drink
 - A one course lunch or a Mediterranean Platter
 - One 60 minute treatment of your choice

WHITE SPA INDULGE EXPERIENCE

£130.00 per person

Includes;

- 2 hours access to spa facilities & gym
- Complimentary use of a towel, robe and slippers
 - A glass of wine, prosecco, or a soft drink
- A one course light lunch or a Mediterranean Platter
- One 60 minute treatment, plus one 30 minute treatment, of your choice



OVERNIGHT SPA BREAKS

MID-WEEK SPA-CATION BREAK FOR TWO

Available Sun - Thurs

£240 for two (£120 per person)*

Includes:

- 1 night stay in a double or twin room
 - Full welsh breakfast
- £20 per person dinner allowance in the White House restaurant
 - 2 hours spa access on the day of treatments
 - Towel, robe & slippers
 - One 30 minute treatment of your choice
 - *Upgrade to a weekend for £20 per person

LUXURY SPA-CATION BREAK FOR TWO

7 days a week

£360 for two (£180 per person)

Includes:

- 1 night stay in a Superior Room
 - Full Welsh breakfast
- £20 per person dinner allowance in the White House restaurant
 - 2 hours spa access on the day of treatments
 - Towel, robe & slippers
- A one course light lunch or a Mediterranean Platter with a glass of wine, prosecco, or a soft drink
 - One 60 minute treatment of your choice



MASSAGE & BODY TREATMENTS

BACK, NECK & SHOULDER MASSAGE

30 minutes - £30.00

This massage helps ease muscle tension from your back, neck & shoulders, whilst helping you deeply relax. This massage will be tailored to address any areas of concern and uses the most appropriate massage techniques to suit your needs.

DRIFT AWAY HEAD MASSAGE

30 minutes - £25.00

Drift into deep relaxation with this calming massage of your scalp, neck and shoulders. All traces of tension are gently eased away and you are left feeling reenergised.

CAUDALIE DIVINE FULL BODY MASSAGE

1 hour - £60.00

This very relaxing, soothing massage is tailored to suit your individual needs, using Caudalie's signature Divine Oil – a unique blend of four exceptional plant oils. The skin is left feeling soft, hydrated and shrouded in a subtle floral fragrance.

HOT STONE AROMATHERAPY MASSAGE

30 minute back, neck & shoulder £35.00 1 hour full body £65.00

Our signature White Spa relaxing massage therapy, involves the use of smooth, heated stones. Your massage therapist combines the use of soothing heated stones, along with aromatherapy massage techniques, to relieve muscle tension and achieve a deep sense of relaxation.

REFLEXOLOGY

50 minutes - £55.00

This is a holistic healing technique applying pressure to the feet. It works on the major organs of the body, which are mapped out on the feet, helping to alleviate a number of problems such as back pain, migraines and digestive problems. The treatment can relax, energise, detoxify and balance the body.

NAILS

Shape & Polish

25 minutes (Hands or Toes)

Manicure or Pedicure

60 minutes £30.00

CND Shellac Shape & Polish

40 minutes
(Hands or Toes)
£28.00

CND Shellac Manicure or Pedicure

60 minutes

£35.00

Gel Removal

15 minutes £10.00

BROWS

Eyebrow Shape

15 mins £10.00

Eyebrow Tint*

15 mins £8.00

Eyebrow Shape & Tint*

30 mins £16.00

Eyelash Tint*

20 mins

£12.00

*A patch test is required 24 hours prior to tinting treatments.



CAUDALIE FACE TREATMENTS

EXPRESS D-VINE FACIAL

30 minutes £ 30.00

This express treatment is tailor made to meet the needs of every skin type. Your skin's freshness, comfort and evenness are restored.

VINOPERFECT RADIANCE FACIAL

1 hour £60.00

This facial uses Caudalie's award winning Vinoperfect range, to deliver exceptional results on the skin's complexion, correcting dark spots, pigmentation and uneven skin tone. Concentrated Viniferine combined with a sculpting massage using warm and cold basalt stones, stimulates the complexion's radiance. The skin looks bright again, the face is fresh and features are rested.

VINOSOURCE HYDRATING FACIAL

1 hour £60.00

This repairing treatment is like a hydrating drink for the skin, which provides comfort for dehydrated, dry and sensitive skin types. A gentle soothing massage with fresh grapes is followed by essential oils to nourish the epidermis deep-down. The skin is revived, soft, soothed and plumped up.

VINE ACTIV DETOX FACIAL

1 hour £60.00

This facial is the perfect solution for those wishing to protect their skin from the ravishes of pollution and early wrinkles, whilst energizing your skin to deliver a healthy radiant glow. Incorporating a relaxing massage using Jade stones, this facial also combines the purifying properties of a pink clay, coffee & grape marc mask with our powerful antioxidant collection Vine[Activ], combining grape polyphenols, Vitamin E & C for protection.

VINOPURE BALANCING FACIAL

1 hour £60.00

Specially designed for acne-prone and combination to oily skin, this treatment helps balance excess oil, tighten pores and refine the skin texture. The application of Vinopure products, with their powerful combination of a complex of grape Polyphenols, purifying organic essential oils and natural salicylic acid, brings clarity and freshness to the complexion.

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